



Rudgwick Primary School News

Friday 7th February 2025

Dear Parents and Carers,

This week has been Children's Mental Health Week at Rudgwick. This national week focusses on getting to know who we are and what makes us tick as this can help us to build resilience, grow and develop. The theme this year was 'Know Yourself, Grow Yourself' and we used the characters from Inside Out 2 to explore the importance of exploring emotions. The children created their own personality islands and found similarities and differences between themselves and their peers.

I am quite sure the well-being of our Year 6 children has never been better than this week as they enjoyed their residential trip to Hindleap Warren. They have taken every opportunity to embrace and overcome challenges and have done so with a positive attitude and a solidarity, supporting each other's efforts and enjoying their successes together. I very much enjoyed visiting them yesterday and was very impressed with the amount of energy and enthusiasm they still had. I was equally impressed with the energy and enthusiasm the adults still had at this point and would like to say a huge thank you to Mrs Burns, Miss Gaynor and Miss Shepley for accompanying the children and ensuring they have the most memorable experience they could.



Many of our Year 5s enhanced their physical well-being through an active afternoon at The Weald as they competed for our school in a basketball tournament. 18 of our Year 5 pupils took part in a Year 6 basketball tournament at the Weald with lots of exciting games taking place. Our pupils performed superbly not just with their basketball skills but also their teamwork and how they represented themselves and the school. One team finished in 2nd place with 5 wins out of 6, another finished in 4th place with 3 wins and our final team finished in 6th place. A great experience for our Year 5s who attended basketball club in the Autumn to compete against older pupils in a competitive environment. Well done to all, Mr Christmas was very proud of you all.



Birthdays



Celebrating their birthday this week: Rose, Scarlett, Jess and William N. We hope you all have a fantastic birthday!

Thank you Rose for sharing a birthday photo with us. We hope you enjoyed your cake.



Awards



This term's core value is Believe and the wider value for the half term is Independence/Collaboration.



House Points

Our Year 6 House Captains are out at Hindleap Warren, so the house points will be counted on Monday and announced in Monday's assembly.

Number Bonds to 5 Award

Michael – Y3

Number Bonds to 20 Award

River – Y3

William – Y3

Silver Times Table Award

Rebecca – Y3

Book Awards

KS1 - Eva B

KS2 - Joshua

Star Awards

Africa (Year R)	Hugo	For a detailed and well considered collage in the style of Mondrian.
	Henry G	For his focus and effort with reading and writing, in and out of school.
Asia (Year 1)	Bella	For creating a lovely history booklet on the Great Fire of London!
	Sienna	For always showing focus and great participation during our phonics lessons.
Europe (Year 2)	George	For amazing maths – finding different ways to make a specific amount.
	Eva B.	For making such an amazing zig zag book and sharing this with Africa class. Brilliant reading!
Australasia (Year 3)	Felicity	For showing resilience with her maths and always trying hard.
	River	For trying hard with his resilience and always trying in class.
Antarctica (Year 4)	Emily	An excellent attitude to all of her learning, showing enthusiasm, perseverance and confidence to tackle tasks.
	Cai	For showing a great attitude and focus to his learning; completing and improving his first responses confidently.
North America (Year 5)	Maddie	For her effort in practising and improving her handwriting and spellings.
	Benny	For his effort and accuracy when completing an orienteering course with his group.

We have been learning

Africa (Year R)	This week we have been learning about the artist Piet Mondrian. We have discovered that he liked to use primary colours, as well as black and white lines in his artwork. We have all created our own collages in the style of some of
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	<p>Mondrian's most famous pieces of art. It has also been Children's Mental Health week and we have told each other things that make us joyful and sad. On Thursday, the local librarians came to visit us and we told them that 'Who ate Steve' by Susannah Lloyd was Africa classes favourite 'Book to Shout About'. On Friday, we listened to the fairy-tale 'The Gingerbread Man' and then we made our own yummy gingerbread people.</p>
Asia (Year 1)	<p>This week we have been publishing our Bakery posters, working hard on our handwriting and presentation skills. In Maths we have been comparing numbers and using our number knowledge to create amazing knowledge sheets about a given number, using different representations such as base ten, numicon and part whole models. As part of Children's mental health week we have explored similarities and differences, thinking about how we are all unique. In Music we have been learning the notes associated with each string and how to pluck them to create a sound.</p>
Europe (Year 2)	<p>What a fantastic week of learning we have had in year 2. We were all really excited to share our stories with Africa class and felt very proud of our achievements. We have also used the book The Jolly Postman to write character descriptions. In Maths we have found different ways to make specific amounts of money. This week in French we have started to learn the names of family members. Coach Ben has seen a real improvement in the children's gymnastic skills this half term and they are always really enthusiastic. As part of Mental Health Week we have talked about the similarities and differences between ourselves and our friends. Mrs Eames challenged us to play a tune on our ukulele and work out which song they were playing.</p>
Australasia (Year 3)	<p>We have had a busy week of learning in Australasia class. We have been working on fronted adverbials this week – a difficult concept for the children but they have tried really hard. They have thoroughly enjoyed working on Bar Charts in maths and next week, they will be creating their own and interpreting the data. After four weeks of swimming, it has been lovely to see the difference in the children, both in confidence and ability. Well done! The children also really enjoyed learning to play 'Rip Tide' on the ukuleles. In PE, we have been continuing with the different challenges to try to increase our scores. One of the challenges is to stand like a stork for as long as you can! A mixed bag of results! One child lasted 8 seconds and one child lasted three minutes and thirty seconds!! As part of our Mental Health Week, the children created their own personality islands showing what was important to them. These islands ranged from family, friendship and love to boxing, eating and drinking and reading.</p>
Antarctica (Year 4)	<p>Another busy and exciting week in Year 4 again. In Maths, the children have continued to learn how to calculate and solve problems with fractions, this time with a focus on subtracting from a whole one using diagrams. In English, the children have drafted, improved and published a persuasive letter from one of the characters in the story to another. In science, the children have continued to explore sound. In PE, children continued to develop their cricket skills with a focus on batting. In Art, the children have been exploring how to use the computer to digitally adapt a photo using different effects. In computing, we have explored how to use a repeat function in coding to create a pattern. In Woodland Learning the children had the opportunity to complete minibeast surveys to see what they could discover in the woodland area. The children continue to develop their ability to play the clarinet in music with great fun!</p>

North America (Year 5)	The penultimate week of this half was as busy as usual. We have worked hard to plan our next piece of writing – a narrative continuing the story of Beowulf, who has to fight Grendel's mother. We have thought carefully about building suspense through the use of a strong setting description and the language we might use to enhance a fight scene. In maths, we have moved on to thinking about how fractions link to percentages and their decimal equivalents and in history, groups worked collaboratively to finish their posters, highlighting different aspects of Viking life. As part of Mental Health Week, we thought about what makes us, us. We created our own personality islands as inspired by Riley from Inside Out.
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Mental Health Week

As it is Children's Mental Health Week, we thought we would share a link on how to access CAMHS' series of pre-recorded webinars for parents and carers. The topics cover a range of difficulties that young people may be experiencing.

The link is <https://www.sussexcamhs.nhs.uk/resources/resources-for-families-carers-and-professionals/parent-and-carer-workshops>

SEND Support

We have been asked to share this from the Early Help team - it has information about "waiting well" - support for children, young people and parents to access whilst they are waiting for a specialist health assessment. The page covers a wide range of health-related information and support services that are available in West Sussex e.g. information on how to access an ASD assessment, Speech and Language therapy or Physiotherapy and Community Children's Nursing.

Following the West Sussex Area SEND Inspection partners across the county worked together to co-produce and develop a dedicated "Support whilst Waiting" page on the Local Offer. This page has various helpful links, information and resources

[Support while you wait for an assessment - West Sussex County Council](#)

We are working on several additional SEND support resources within NHS Sussex including a digital SEND hospital passport and a family advice and support pack. Additional health and care SEND information can be found on the NHS Sussex SEND page, this can be useful to share with families and includes information around the Right to Choose framework and ADHD medication. [Special educational needs and disability \(SEND\) - Sussex Health & Care](#)

Upcoming Events

Spring Term

Tuesday's ongoing – Y3 Swimming

Fri 14th Feb – Inset Day

Mon 17th Feb – Half Term

Thurs 6th March - World Book Day – Children to dress up as a book character

Mon 10th March – Parent Consultations

Wed 12th March – Parent Consultations

Tues 25th March – Y4 Trip to Hever Castle

Wed 26th March – West Sussex Music Concerts

Fri 28th March - Rudgwick Performing Arts Showcase

Fri 4th April – Last day of Spring Term

We are a NUT AWARE school due to the allergies that some of our pupils have, with every effort being made to ensure that no nuts, or products containing nuts, are brought in to the school.

Diary Dates

Please use the new school website for all diary dates. There is a link to the school calendar with to all pupil events. <https://www.rudgwick.w-sussex.sch.uk/>

More photos of events are available on our website <https://www.rudgwick.w-sussex.sch.uk/>

Please note that attachments to the Newsletter about local clubs and events are not endorsed by the school. Parents are responsible for carrying out their own safety checks.

